

**52%** older people in RACF

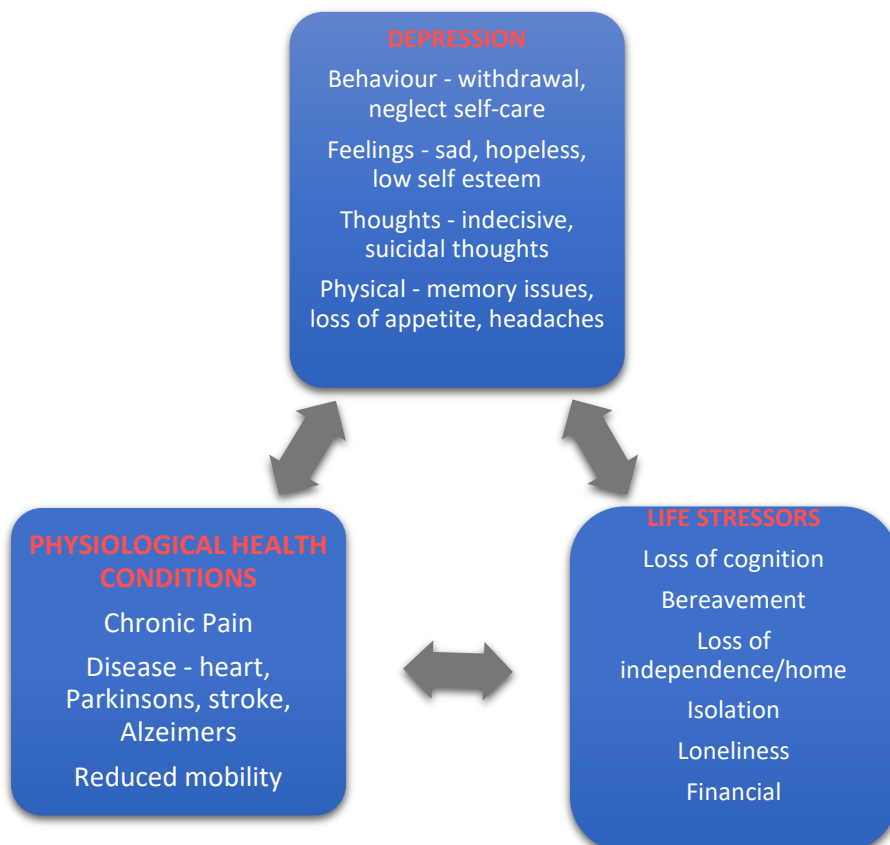
experience depression or anxiety.\*AIHW 2013

**65+** age group feel stigma is

attached to mental health. They feel it is seen as WEAK or FLAWED.

## RISKS & SYMPTOMS

Each are a cause or effect of the other, a cycle.



## INTERESTING INFO

There is little difference in mental illness rates between male and females in aged cohort.



New admissions into RACFs have higher care needs linked to depression compared to those without depression.



Most older people who die by suicide commonly have severe depression.



This cohort is still 'young' on research into mental health and mental health services such as C2bMe and C2bMe@home.

