



EXPRESSION OF INTEREST

Name of RACF:

Region:

Email:

Mobile:

Key Contact:

Context

The “Continuing to be Me” (C2bMe) program is a comprehensive person centred model of care designed to improve the mental health and wellbeing of residents living within aged care facilities. It is designed to reinforce identity and purpose, increase connectedness, develop hope, reduce symptomatology, and optimise function so that residents can continue to live with dignity. C2bMe offers low and medium intensity interventions through therapeutic groups & individual clinical care led by skilled allied health professionals and cofacilitated by aged care facility staff.

Purpose

The purpose of this expression of Interest form is to determine which aged care facility is interested in partnering with Parramatta Mission on the delivery of the C2bMe program within their facility. Parramatta Mission invites the aged care facility management to complete the Expressions of Interest form below.

Criteria

The readiness of RACFs will be evaluated based on the attributes below:

- Shared vision of the C2bMe service
- Level of willingness and experience working in partnership
- Having a shared understanding of the problem and collaboratively develop mitigation strategies
- Willingness to release staff for capacity building activities
- Commitment to the duration of the program
- Level of acceptance of Parramatta Mission staff, including willingness to adopt shared care approaches and provide site inductions
- In the context of COVID-19, have access to technologies and equipment to facilitate C2bMe service delivery.
- Willingness to enter into a Memorandum of Understanding with Parramatta Mission

What interests you most about the C2bMe program? (Please select all that applies)

- Capacity building and mental health education tailored to aged care facility staff, based on a needs analysis
- Group programs for residents experiencing difficulties with mental wellbeing
- 1:1 psychological intervention for residents as required
- Opportunity for aged care facility staff to cofacilitate group programs for residents with C2bMe staff
- Opportunity for staff to collaborate with C2bMe staff during case discussions
- Other: _____

How will you ensure that the C2bMe staff are supported within the aged care facility? What shared care arrangements would you be willing to support to ensure coordinated care?

- Co-designing of service model and shared-care arrangement with Parramatta Mission
- Enter into Memorandum of Understanding with Parramatta Mission to facilitate partnership with C2bMe
- Assist in identifying residents who may benefit from C2bMe, and refer suitable residents to the program
- Provide a suitable workspace for C2bMe staff where required
- Provide a suitable space for individual and group therapy sessions
- Provide C2bMe staff with site induction and orientation to relevant procedures, including WHS processes
- Invite C2bMe staff to daily case conferencing/handover meetings
- Access to liaise with aged care facility staff, GP and other services involved in the resident's care
- Allocate time for aged care facility staff to attend/complete capacity building and education sessions
- Open communication and collaboration with Parramatta Mission and C2bMe program staff regarding the running of the program and holistic resident care
- Assist with ensuring residents in attending appointments including assistance with transport where required
- Provide access to resident records and information about patient history relevant to mental health treatment
- Assist in promoting new services to residents and families
- Other: _____



How will your facilities support your residents' mental health and their connection to family and friends during COVID-19?

In the context of COVID-19, is your facility ready for delivery of services via telehealth?

- Staff familiarity in using technology for telehealth OR willingness to train in the same
- Staff access to desktops/laptops/tablets for remote training sessions delivered by C2bMe staff
- Aged care facility has the resources for C2bMe staff to participate in daily handover meetings, clinical review and case presentations meetings via video conferencing
- Residents have access to necessary equipment to access C2bMe services via phone or video
- Residents are supported by the aged care staff in using telehealth technology
- Aged care facility staff help facilitate 1:1 contact with residents through telehealth technology

How would you prefer to be contacted by C2bMe?

- Phone
- Email
- Fax

Thank you for your interest in working with C2bMe. We will be in touch shortly regarding the outcome of your EOI.