

## How to access the program

Priority is given to applicants that are linked in with clinical case management.

Applicants can apply with the assistance of their case manager or support provider, by filling out the referral form (available at [www.parramattamission.org.au](http://www.parramattamission.org.au)) and emailing it to:

[clsc@parramattamission.org.au](mailto:clsc@parramattamission.org.au)

Phone: (02) 4350 2662



## About Parramatta Mission

Parramatta Mission offers a range of community and mental health-related services, including training, learning and development to people with lived experience of mental illness, carers or family members of people with mental illness, the disadvantaged, people in need, and the community at large.

Our services are delivered in accordance with our values, which are grace, inclusion, dignity, faith and hope.

For more information on Parramatta Mission please visit:

[www.parramattamission.org.au](http://www.parramattamission.org.au)



## COMMUNITY LIVING SUPPORTS Central Coast



## What is Community Living Supports (CLS)?

CLS is designed to provide recovery orientated support to people who have a diagnosis of severe mental illness or mental health disorder resulting in significant functional impairment.

CLS is a free and voluntary service providing non-clinical support.



CLS is delivered in partnership with:  
NSW Ministry of Health  
Family and Community Services (FACS)  
Corrective Services NSW



## What supports are provided?

CLS can assist with (but not limited to):

- Building a support network
- Learning self-care skills and strategies
- Support with daily living skills
- Medication monitoring
- Hospital to home transitions
- Correctional facility to home transitions
- Support with accessing NDIS
- Focusing on independence, self-capacity building, creating/strengthening support networks, community inclusion/participation, education and vocational participation

## Priority referrals

People referred to CLS are assessed according to relative need and when all other factors are equal, priority will be given to those who:

- Are in hospital due to their high support needs
- Are in a social housing tenancy that is at risk due to antisocial behaviour related to severe mental illness
- Are serving a community detention order

## Eligibility Criteria

To participate in CLS, people must meet the following general eligibility criteria:

- Age 16 years or over
- Are diagnosed with a severe mental illness
- Experience disability primarily stemming from a mental health diagnosis which impacts on their day to day functioning including issues around maintaining their accommodation
- Have genuinely consented to participate in the program
- Are willing to engage with non-clinical support services and have the ability to live in the community
- Live within the geographical region of Central Coast NSW

People who are currently supported through a nursing home or aged care facility or their primary functional disability is attributed to non-mental health cause i.e. acquired brain injury, developmental disability, are not eligible for CLS.